

श्रीभगवानुवाच

The Blessed Lord said,  
śrī-bhagavān uvāca

मय्यासक्तमनाः पार्थ

O Arjuna, with your mind devoted to Me,  
mayyāsakta-manāḥ pārtha

योगं युञ्जन्मदाश्रयः

through yoga, take refuge in Me.  
yogaṁ yuñjan mad-āśrayaḥ

असंशयं समग्रं मां

Then, without doubt, completely  
asamśayaṁ samagraṁ mām

यथा ज्ञास्यसि तच्छृणु

you can know Me. Listen to how.  
yathā jñāsyasi tac chrṇu 7.1

ज्ञानं तेऽहं सविज्ञानम्

Unto you, knowledge and realization  
jñānaṁ te 'haṁ savijñānam

इदं वक्ष्याम्यशेषतः

I will impart completely.  
idaṁ vakṣyāmy aśeṣataḥ

यज्ज्ञात्वा नेह भूयोऽन्यज्

Knowing that, nothing more  
yaj jñātvā neha bhūyo 'nyaj

ज्ञातव्यमवशिष्यते

will remain to be known.  
jñātavyam avaśiṣyate 7.2

मनुष्याणां सहस्रेषु

Among thousands of people,  
manuṣyāṅāṁ sahasreṣu

कश्चिद् यतति सिद्धये

hardly anyone strives for perfection.  
kaścid yatati siddhaye

यततामपि सिद्धानां

Even among those who strive,  
yatatām api siddhānām

कश्चिन्मां वेत्ति तत्त्वतः

hardly anyone truly knows Me.  
kaścin mām veti tattvataḥ 7.3

भूमिरापोऽनलो वायुः  
Earth, water, fire, air,  
bhūmir āpo 'nalo vāyuḥ

खं मनो बुद्धिरेव च  
space, mind, intellect,  
kham mano buddhir eva ca

अहंकार इतीयं मे  
and ego – this is My  
ahaṅkāra itīyaṁ me

भिन्ना प्रकृतिरष्टधा  
distinct eight-fold nature.  
bhinnā prakṛtir aṣṭadhā 7.4

अपरेयमितस्त्वन्यां  
In addition to My lower nature,  
apareyam itas tvanyām

प्रकृतिं विद्धि मे पराम्  
know My higher nature –  
prakṛtiṁ viddhi me parām

जीवभूतां महाबाहो  
the essence of all beings, O Arjuna,  
jīva-bhūtām mahā-bāho

ययेदं धार्यते जगत्  
by which the world is sustained.  
yayedam dhāryate jagat 7.5

एतद्योनीनि भूतानि  
All creatures are born of Me,  
etad-yonīni bhūtāni

सर्वाणीत्युपधारय  
thus should you understand.  
sarvāṇīty upadhāraya

अहं कृत्स्नस्य जगतः  
Of the entire world, I am  
aham kṛtsnasya jagataḥ

प्रभवः प्रलयस्तथा  
the beginning and end.  
prabhavaḥ pralayas tathā 7.6

मत्तः परतरं नान्यत्  
Compared to Me, nothing greater  
mattaḥ parataram nānyat

किञ्चिदस्ति धनञ्जय  
exists, O Arjuna.  
kiñcid asti dhanañjaya

मयि सर्वमिदं प्रोतं  
The whole world is strung on Me  
mayi sarvam idam protam

सूत्रे मणिगणा इव  
like jewels on thread.  
sūtre maṇi-gaṇā iva 7.7

रसोऽहमप्सु कौन्तेय

O Arjuna, I am the wetness of water,  
raso 'ham apsu kaunteya

प्रभास्मि शशिसूर्ययोः

the light of the moon and sun,  
prabhāsmi śaśi-sūryayoḥ

प्रणवः सर्ववेदेषु

the syllable "om" in the Vedas,  
praṇavaḥ sarva-vedeṣu

शब्दः खे पौरुषं नृषु

the fabric of space, and the strength of men.  
śabdaḥ khe pauruṣam nṛṣu 7.8

पुण्यो गन्धः पृथिव्यां च

The sweet smell of the earth  
puṇyo gandhaḥ pṛthivyām ca

तेजश्चास्मि विभावसौ

and the brilliance of fire am I.  
tejaś cāsmi vibhāvasau

जीवनं सर्वभूतेषु

The life of all beings  
jīvanam sarva-bhūteṣu

तपश्चास्मि तपस्विषु

and the penance of ascetics am I.  
tapaś cāsmi tapasviṣu 7.9

बीजं मां सर्वभूतानां

As the eternal source of all beings,  
bījam mām sarva-bhūtānām

विद्धि पार्थ सनातनम्

know Me, O Arjuna.  
viddhi pārtha sanātanam

बुद्धिर्बुद्धिमतामस्मि

I am the intelligence of the wise.  
buddhir buddhimatām asmi

तेजस्तेजस्विनामहम्

I am the brilliance of the bright.  
tejas tejasvinām aham 7.10

बलं बलवतां चाहं

I am the strength of the powerful,  
balaṁ balavatām cāham

कामरागविवर्जितम्

untainted by desire and craving.  
kāma-rāga-vivarjitam

धर्माविरुद्धो भूतेषु

In all beings, the dharmic kind  
dharmāviruddho bhūteṣu

कामोऽस्मि भरतर्षभ

of passion am I, O Arjuna.  
kāmo 'smi bharatarṣabha 7.11

ये चैव सात्त्विका भावा  
Things are sattvic,  
ye caiva sāttvikā bhāvā

राजसास्तामसाश्च ये  
rajasic or tamasic –  
rājasās tāmasās ca ye

मत्त एवेति तान् विद्धि  
know that they come from Me alone.  
matta eveti tān viddhi

न त्वहं तेषु ते मयि  
I am not in them. Rather, they are in Me.  
na tvahaṁ teṣu te mayi 7.12

त्रिभिर्गुणमयैर्भावैर्  
Due to these three gunas,  
tribhir guṇa-mayair bhāvair

एभिः सर्वमिदं जगत्  
the entire world  
ebhiḥ sarvam idaṁ jagat

मोहितं नाभिजानाति  
is deluded, not recognizing Me  
mohitaṁ nābhijānāti

माम् एभ्यः परमव्ययम्  
as imperishable, beyond the three gunas.  
mām ebhyaḥ param avyayam 7.13

दैवी ह्येषा गुणमयी  
This divine, guna-composed  
daivī hyeṣā guṇa-mayī

मम माया दुरत्यया  
maya of Mine is hard to transcend.  
mama māyā duratyayā

मामेव ये प्रपद्यन्ते  
Only those who resort to Me  
mām eva ye prapadyante

मायामेतां तरन्ति ते  
can cross beyond this maya.  
māyām etāṁ taranti te 7.14

न मां दुष्कृतिनो मूढाः  
Deluded sinners,  
na mām duṣkṛtino mūḍhāḥ

प्रपद्यन्ते नराधमाः  
the lowest of men, do not seek Me.  
prapadyante narādhamāḥ

माययापहतज्ञाना  
Their wisdom is overcome by maya,  
māyayāpahṛta-jñānā

आसुरं भावमाश्रिताः  
so they resort to demonic lives.  
āsuram bhāvam āśritāḥ 7.15

चतुर्विधा भजन्ते मां

Four kinds of people worship Me,  
catur-vidhā bhajante mām

जनाः सुकृतिनोऽर्जुन

doing pious deeds, O Arjuna –  
janāḥ sukṛtino 'rjuna

आर्तो जिज्ञासुरर्थार्थी

those who suffer, seek wealth, seek wisdom,  
ārto jijñāsur arthārthī

ज्ञानी च भरतर्षभ

and the wise, O Arjuna.  
jñānī ca bharatarṣabha 7.16

तेषां ज्ञानी नित्ययुक्त

Among them, the wise one, steadfast  
teṣāṃ jñānī nitya-yukta

एकभक्तिर्विशिष्यते

and devoted, is superior.  
eka-bhaktir viśiṣyate

प्रियो हि ज्ञानिनोऽत्यर्थम्

For the wise, I am much loved  
priyo hi jñānino 'tyartham

अहं स च मम प्रियः

and he is loved by Me.  
ahaṃ sa ca mama priyaḥ 7.17

उदाराः सर्व एवैते

All of them are praiseworthy,  
udārāḥ sarva evaite

ज्ञानी त्वात्मैव मे मतम्

but I consider the wise as My own Self.  
jñānī tvātmaiva me matam

आस्थितः स हि युक्तात्मा

Steadfast, he abides in Me,  
āsthitaḥ sa hi yuktātmā

मामेवानुत्तमां गतिम्

the highest goal.  
mām evānuttamāṃ gatim 7.18

बहूनां जन्मनामन्ते

After many births,  
bahūnāṃ janmanām ante

ज्ञानवान्मां प्रपद्यते

the wise one resorts to Me.  
jñānavān mām prapadyate

वासुदेवः सर्वमिति

Thinking, "Krishna is all,"  
vāsudevaḥ sarvam iti

स महात्मा सुदुर्लभः

such a great person is rare.  
sa mahātmā sudurlabhaḥ 7.19

कामैस्तैस्तैर्हतज्ञानाः

Those whose wisdom is overcome by desires  
kāmais tais tair hr̥ta-jñānāḥ

प्रपद्यन्तेऽन्यदेवताः

resort to other gods.  
prapadyante 'nya-devatāḥ

तं तं नियममास्थाय

Following various methods,  
taṁ taṁ niyamam āsthāya

प्रकृत्या नियताः स्वया

they are driven by their own inclinations.  
prakṛtyā niyatāḥ svayā 7.20

यो यो यां यां तनुं भक्तः

Whatever deity a worshiper  
yo yo yām yām tanuṁ bhaktaḥ

श्रद्धयार्चितुमिच्छति

chooses to worship  
śraddhayārcitum icchati

तस्य तस्याचलां श्रद्धां

unshakable faith in that deity  
tasya tasyācalām śraddhām

तामेव विदधाम्यहम्

I bestow upon him.  
tām eva vidadhāmy aham 7.21

स तया श्रद्धया युक्तस्

Endowed with that faith,  
sa tayā śraddhayā yuktaḥ

तस्याराधनमीहते

he worships that deity.  
tasyārādhanam īhate

लभते च ततः कामान्

Thus, he fulfills his desires  
labhate ca tataḥ kāmān

मयैव विहितान् हि तान्

because they are decreed by Me.  
mayaiva vihitān hi tān 7.22

अन्तवत्तु फलं तेषां

Limited are the results of worship  
antavat tu phalaṁ teṣāṁ

तद् भवत्यल्पमेधसाम्

for those of little wisdom.  
tad bhavaty alpa-medhasām

देवान् देवयजो यान्ति

Worshippers of gods reach the gods,  
devān deva-yajo yānti

मद्भक्ता यान्ति मामपि

but those who worship Me reach Me.  
mad-bhaktā yānti mām api 7.23

अव्यक्तं व्यक्तिमापन्नं

Unmanifest before and now manifest –  
avyaktaṁ vyaktim āpannam

मन्यन्ते मामबुद्धयः

thus the unintelligent consider Me.  
manyante mām abuddhayaḥ

परं भावमजानन्तो

They don't know My supreme nature,  
paraṁ bhāvam ajānanto

ममाव्ययमनुत्तमम्

imperishable and unexcelled.  
mamāvyayam anuttamam 7.24

नाहं प्रकाशः सर्वस्य

I am not evident for all  
nāhaṁ prakāśaḥ sarvasya

योगमायासमावृतः

who are overcome by maya's power.  
yoga-māyā-samāvṛtaḥ

मूढोऽयं नाभिजानाति

Deluded people do not recognize  
mūḍho 'yaṁ nābhijānāti

लोको मामजमव्ययम्

Me as being unborn and imperishable.  
loko mām ajam avyayam 7.25

वेदाहं समतीतानि

I know all things past  
vedāhaṁ samatītāni

वर्तमानानि चार्जुन

and present, O Arjuna.  
vartamānāni cārjuna

भविष्याणि च भूतानि

I know the future, too,  
bhaviṣyāṇi ca bhūtāni

मां तु वेद न कश्चन

but no one knows Me.  
mām tu veda na kaścana 7.26

इच्छाद्वेषसमुत्थेन

Due to craving, aversion,  
icchā-dveṣa-samutthena

द्वन्द्वमोहेन भारत

and delusion, O Arjuna,  
dvandva-mohena bhārata

सर्वभूतानि सम्मोहं

into deep delusion all creatures  
sarva-bhūtāni sammohaṁ

सर्गे यान्ति परन्तप

of the world fall, O Arjuna.  
sarge yānti parantapa 7.27

येषां त्वन्तगतं पापं

But those, purified of sin,  
yeṣāṃ tvanta-gataṃ pāpaṃ

जनानां पुण्यकर्मणाम्

whose deeds are pious...  
janānāṃ puṇya-karmaṇām

ते द्वन्द्वमोहनिर्मुक्ता

...free from delusion,  
te dvandva-moha-nirmuktā

भजन्ते मां दृढव्रताः

they worship Me steadfastly.  
bhajante mām dṛḍha-vratāḥ 7.28

जरामरणमोक्षाय

To overcome old age and death,  
jarā-maraṇa-mokṣāya

मामाश्रित्य यतन्ति ये

they strive, resorting to Me.  
mām āśritya yatanti ye

ते ब्रह्म तद् विदुः कृत्स्नम्

They know brahman,  
te brahma tad viduḥ kṛtsnam

अध्यात्मं कर्म चाखिलम्

the Self and karma completely.  
adhyātmaṃ karma cākḥilam 7.29

साधिभूताधिदैवं मां

Associated with the world, deities,  
sādhibhūtādhidaivam mām

साधियज्ञं च ये विदुः

and rituals, they know Me.  
sādhiyajñam ca ye viduḥ

प्रयाणकालेऽपि च मां

At the end of life,  
prayāṇa-kāle 'pi ca mām

ते विदुर्युक्तचेतसः

they know Me with steadfast minds.  
te vidur yukta-cetasaḥ 7.30