

ॐ शन्नो मित्रः शं वरुणः om śan no mitraḥ śaṃ varuṇaḥ
शन्नो भवत्वयमा śan no bhavatvayamā
शन्न इन्द्रो बृहस्पतिः śan na indro bṛhaspatiḥ
शन्नो विष्णुरुक्रमः śan no viṣnur urukramaḥ

May God as the sun and waters bless us with peace.
May the God of the ancestors, the king of the Gods,
and the preceptor of the Gods bless us with peace.
May Lord Vishnu as Vāmana bless us with peace.

नमो ब्रह्मणे

namo brahmaṇe

नमस्ते वायो

namaste vāyo

त्वमेव प्रत्यक्षं ब्रह्मासि

tvam eva pratyaksam brahmāsi

त्वमेव प्रत्यक्षं

tvam eva pratyaksam

ब्रह्म वदिष्यामि

brahma vadiṣyāmi

Salutations to the creator.

Salutation to you, God of the winds.

You indeed are the perceptible reality.

I will declare that you indeed are the perceptible reality.

ऋ॒तं॑ व॒दि॒ष्या॑मि

स॒त्यं॑ व॒दि॒ष्या॑मि

त॒न्मा॑म॒वतु॑

तद्व॒क्तार॑म॒वतु॑

अ॒वतु॑ मा॒म्

अ॒वतु॑ व॒क्तार॑म्

ॐ॑ शान्तिः॒ शान्तिः॒ शान्तिः॑

ṛtaṃ vadiṣyāmi

satyam vadiṣyāmi

tan mām avatu

tad vaktāram avatu

avatu mām

avatu vaktāram

om śāntiḥ śāntiḥ śāntiḥ

I will declare this truth. I will declare this reality.

May God protect me. May God protect my teacher.

Protect me. Protect my teacher. Om peace peace peace.

ॐ सह नाववतु

सह नौ भुनक्तु

सह वीर्यं करवावहै

तेजस्विनावधीतमस्तु

मा विद्विषावहै

ॐ शान्तिः शान्तिः शान्तिः

om sa ha nāvavatu

sa ha nau bhunaktu

saha vīryam karavāvahai

tejasvināvadhītam astu

mā vidviṣāvahai

om śāntiḥ śāntiḥ śāntiḥ

May He protect us. May He nourish us. May we be
courageous. May we be brilliant in our studies.

May we not argue. Om peace peace peace.

ॐ यश्छन्दसामुषभो विश्वरूपः
छन्दोभ्योऽध्यमृतात्सम्बभूव
स मेन्द्रो मेधया स्पृणोतु

om yaś chandasām ṛṣabho viśvarūpaḥ
chandobhyo dhyamṛtāt sambabhūva
sa mendro medhayā sprṇotu

May Indra – exalted as “OM” in the Vedas,
who pervades the worlds, having emerged
from the immortal Vedas - bless me intelligence.

अ॒मृ॒त॑स्य॒ दे॒व॑ धा॒र॑णो भू॒या॑सम् । श॒री॒रं॑ मे॒ वि॒च॑र्षणम् ।
जि॒ह्वा॒ मे॒ म॒धु॑मत्त॒मा । क॑र्णा॒भ्यां॑ भूरि॒ विश्रु॑वम् ।

amṛtasya deva dhāraṇo bhūyāsam

śarīraṃ me vicarṣaṇam

jihvā me madhumattamā

karṇābhyāṃ bhūri viśruvam

O Lord, may I receive immortality.

May my body be fit.

May my words be exceedingly sweet.

May I hear many good things with my ears.

ब्रह्मणः॑ को॒शोऽसि॑ मे॒धया॑ पि॒हितः॑ ।

श्रु॒तं मे॑ गोपाय

ॐ शान्तिः॑ शान्तिः॑ शान्तिः॑

brahmaṇaḥ kośo'si medhayā pihitaḥ

śrutaṃ me gopāya

om śāntiḥ śāntiḥ śāntiḥ

You are the abode of truth, the source of intelligence.

Preserve for me all that I have learned.

Om peace, peace, peace.

ॐ अ॒हं वृ॒क्षस्य॑ रे॒रि॒वा । की॒र्तिः पु॒ष्ट॒ङ्गिरे॑रि॒व ।
ऊ॒र्ध्व॑प॒वि॒त्रो वा॒जिनी॑व स्व॒मु॒त्त॑म॒स्मि ।

om ahaṃ vṛkṣasya rerivā

kīrtiḥ pṛṣṭhaṅ girer iva

ūrdhva-pavitro vājinīva svam ṛtam asmi

"I am the nourisher of nature.

My fame is high like the mountain ridge.

I myself am truth, purifying from above, like the sun."

द्रवि॑णं॑ स॒व॒र्च॑सम् । सु॒मे॒धा अ॑मृ॒तो॒क्षि॒तः । इ

इति॑ त्रि॒शङ्को॑र्वे॒दानु॑व॒चन॑म् ।

ॐ शान्तिः॑ शान्तिः॑ शान्तिः॑

draviṇaṃ savarcasam

sumedhā amṛtokṣith

iti triśaṅkor vedānuvacanam

om śāntiḥ śāntiḥ śāntiḥ

"I am the shining wealth, blessed with fine intellect, immortal and undecaying." Thus said Trisanku after the attainment of knowledge. Om peace peace peace.

ॐ पूर्णमदः पूर्णमिदं
पूर्णत्पूर्णमुदच्यते
पूर्णस्य पूर्णमादाय
पूर्णमेवावशिष्यते
ॐ शान्तिः शान्तिः शान्तिः

om pūrṇam adaḥ pūrṇam idaṃ

pūrṇāt pūrṇam udacyate

pūrṇasya pūrṇam ādāya

pūrṇam evāvaśiṣyate

om śāntiḥ śāntiḥ śāntiḥ

That (*brahman*) is infinite, this (world) is infinite.

From infinite *brahman* this infinite world arose.

When the infinite world came from infinite *brahman*,
brahman remained infinite. Om peace peace peace.

ॐ आप्यायन्तु ममाङ्गानि

वाक्प्राणश्चक्षुः श्रोत्रं

अथो बलमिन्द्रियाणि

च सर्वाणि

सर्वं ब्रह्मोपनिषदम्

माहं ब्रह्म निराकुर्याम्

मा मा ब्रह्म निराकरोत्

om āpyāyantu māmāṅgāni

vāk prāṇaś cakṣuḥ śrotram

atho balam indriyāṇi

ca sarvāṇi

sarvaṃ brahmaupaniṣadam

māhaṃ brahma nirākuryāṃ

mā mā brahma nirākarot

May my limbs, speech, breath, sight, hearing and all my organs be strong. Everything is *brahman*. May I not deny *brahman*. May *brahman* not deny me.

अनिराकरणमस्त्वनिरा

करणं मे अस्तु

तदात्मनि निरते

य उपनिषत्सु धर्मास्

ते मयि सन्तु ते मयि सन्तु

ॐ शान्तिः शान्तिः शान्तिः

anirākaraṇam astvanirā

karaṇam me astu

tad ātmani nirate

ya upaniṣatsu dharmās

te mayi santu te mayi santu

om śāntiḥ śāntiḥ śāntiḥ

May there be no denial for me. May the Upanishad's virtues reside in me. May they reside in me.

Om peace peace peace.

ॐ वाङ् मे मनसि प्रतिष्ठिता om vāṅ me manasi pratiṣṭhitā
मनो मे वाचि प्रतिष्ठितम् mano me vāci pratiṣṭhitam
आविरावीर्म एधि āvir āvīr ma edhi
वेदस्य म आणीस्थः vedasya ma āṇīsthaḥ
श्रुतं मे मा प्रहासीः śrutam me mā prahāsīḥ

May may speech and mind be in harmony with each other. May they reveal unto me. May they bring me Vedic wisdom. May I not forget what I have learned.

अ॒ने॒ना॒धी॒ते॒न॑

anenādhītena

अ॒हो॒रा॒त्रान् स॒न्द॒धा॒मि॑

ahorātrān sandadhāmi

ऋ॒तं व॒दि॒ष्या॒मि॑

ṛtaṃ vadiṣyāmi

स॒त्यं व॒दि॒ष्या॒मि॑

satyam vadiṣyāmi

Through my studies, I will strive day and night.

I will declare the truth. I will declare the reality.

तन्मामवतु

tan mām avatu

तद्वक्तारमवतु

tad vaktāram avatu

अवतु माम्

avatu mām

अवतु वक्तारम्

avatu vaktāram

अवतु वक्तारम्

avatu vaktāram

ॐ शान्तिः शान्तिः शान्तिः

om śāntiḥ śāntiḥ śāntiḥ

May God protect me. May God protect my teacher.

Protect me. Protect my teacher. Om peace peace peace.

ॐ भद्रं नो अपिवातय मनः

ॐ शान्तिः शान्तिः शान्तिः

bhadraṃ no apivātaya manaḥ

oṃ śāntiḥ śāntiḥ śāntiḥ

O God, lead our minds to what is blessed.

Om peace peace peace.

ॐ भद्रं कर्णेभिः शृणुयाम देवाः । भद्रं पश्येमाक्षभिर्यजत्राः ।
स्थिरैरङ्गैस्तुष्टुवांसस्तनूभिः । व्यशेम देवाहितं यदायुः ॥

bhadraṃ karṇebhiḥ śṛṇuyāma devāḥ
bhadraṃ paśyemākṣabhir yajatrāḥ
sthirair aṅgais tuṣṭuvāṃsas tanūbhiḥ
vyaśema deva-hitam yad āyuh

O Gods, may we hear auspicious words with our ears.
While worshiping, may we see auspicious things
with our eyes. While worshiping with steady limbs,
may our lives be beneficial to the Gods.

स्व॒स्ति न॒इन्द्रो॑ वृ॒द्धश्र॑वाः । स्व॒स्ति नः॑ पू॒षा वि॒श्ववे॑दाः ॥
स्व॒स्ति न॒स्ताक्ष॑र्यो अरि॒ष्टने॑मिः । स्व॒स्ति नो॑ बृ॒हस्पति॑र्दधातु ।
ॐ शान्तिः॑ शान्तिः॑ शान्तिः॑ ।

svasti na indro vṛddha-śravāḥ

svasti naḥ pūṣā viśva-vedāḥ

svasti nas tārkṣayo ariṣṭanemiḥ

svasti no bṛhaspatir dadhātu om śāntiḥ śāntiḥ śāntiḥ

May Indra of eternal fame bless us. May Pūṣā (god of earth) bless us. May Garuḍa, destroyer of evil, bless us.

May Bṛhaspati bless us. Om peace peace peace.

ॐ यो ब्रह्माणं विदधाति पूर्वं

यो वै वेदांश्च प्रहिणोति तस्मै

om yo brahmānam vidadhāti pūrvam

yo vai vedāms̄ ca prahiṇoti tasmai

Unto that God from whom the creator came forth,

Unto that God from whom the Vedas came,

तं ह देवं आत्मबुद्धिप्रकाशं

मुमुक्षुर्वै शरणमहं प्रपद्ये

ॐ शान्तिः शान्तिः शान्तिः

tam ha devam ātma-buddhi-prakāśam

mumukṣur vai śaraṇam aham prapadye

om śāntiḥ śāntiḥ śāntiḥ

Unto that God who illumines my mind,

Unto that God, I seek refuge.

Om peace peace peace.